IMEC (Marie Cobel) with “Friends”
September 5, 1985

Session 135: Matching vibration

Original Question:
Asking Friends opinions and recommendations concerning our continued work with the channel. Yesterday’s session seemed to indicate that all things are proceeding quite harmoniously within her own energy systems with regards to the aspects and we are very pleased to know that this is the case. Do you have any suggestions for us for her planned or continued work?

Summary: up to channel’s ability to be open to or receptive to vibrations and energies that are not part of her patterning.

- To continue and do not be concerned about time or anything, the content, progress, to just allow and let each small realisation begin to become part of her reality and that will be what she is seeking. To make an experience of the seeking rather than a chore or a goal setting. To focus too much in that direction can actually hinder the progress. More of a relaxed accepting attitude is beneficial.
- The seeking of content is whatever you feel to ask, ask it. They cannot always answer your questions, but they would endeavour to answer them with the intended purpose as the final goal.

Speaking in the first person has not happened before. They are working with Marie on thought transference - rather than them just speaking through her vocal cords. She is aware of her environment at the same time as being able to sense them and receive thoughts from them, and then being able to speak in her own voice.

They are telling us that we can and how we can raise our consciousness.

On the earth we go from one belief system to another. And even after death we go to belief systems that have different vibrations and we can go from one energy to another looking for perfection.

Theme recurring is about aspective qualities and personal development and tapping into other realities. Developing nonverbal communications.

46:00
Recap with Marie after the session with the Friends.

Report by Antony McKechnie